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All Star Contract

At BA we take the sport of All Star cheerleading beyond the skills we practice. We build the character of our athletes by instilling discipline, responsibility, teamwork, and an extraordinary work ethic. We build a foundation of trust and reliability among our athletes, and guide them to maintain a healthy and active lifestyle. Here we build life-long relationships, and push our cheerleaders to compete and perform at the height of their ability, while building confidence and demonstrating outstanding sportsmanship and respect.

Levels: The following skills chart is based on USASF Level Rules.

	Level 1	Level 2	Level 3
Standing Tumbling	• HS Forward Roll & Back Ext Roll • Cartwheel, 1-arm Cartwheel • Round Off • Double Front Walkover(1-arm) • Double Back Walkover(switch-leg)	• BHS+BWO+BHS • BHS, pause, BHS • 4 Jumps, pause, BHS • Dive Roll	• Multiple standing BHS (3) • 4 Jumps + BHS (multiple)
Running Tumbling	• FWO CW/RO BWO BWO	• FWO Round Off BHS series • FWO RO BHS step out, RO BHS • FHS Dive Roll	• Punch front • RO Tuck • RO BHS Tuck • FWO/PF RO BHS Tuck
Stunting	• 2 leg stunt at Prep level • Body position to body position tick tock at waist level • ¼ twisting transitions • Cradle • Single leg prep level stunt with bracer	• 1 leg ext stunt with connection • Extended 2 leg stunt • ½ twisting inversion/transition to 1 leg at prep or 2 leg extension • Straight ride basket toss	• 1 leg extended stunt • ½ up to ext lib • full cradle from extension • full up to prep • Full/single skill basket toss
Other Skills	• 4 Jump Combo • Jumps with proper technique	• 4 Jump Combo • Good jump technique	• 4 Jump Combo • Mastered jump technique

Tumbling is a major factor in team placement. However, competition score sheets are made up of several sections that we also consider; such as jumps, performance ability, correct motion placement, and stunt technique.

Teams: We will offer some or all of the following teams for the 2017-2018 season. Please remember that upon registering, you are signing up to be part of the Beyond All Stars PROGRAM, not a specific Beyond All Stars Team.

Team <i>Age as of August 31, 2017</i>	Practice Time <i>Practice time includes a 1 hour tumbling class.</i>	Cost <i>Hotel, travel, and shoes are additional costs</i>
Treasure (Tiny Pre-Team, Exhibition) Age 3-6	2.25 hours/week, 4 local, 1 travel competition June-March	Monthly Tuition- \$80 Choreography Fee Due Aug 1 st - \$100
Cherish (Mini level 1) Age. 5-8	4 ½ hours/week, 4 local, 3 travel competitions June-April	Monthly Tuition- \$185 Choreography Fee Due July 1 st - \$300 Uniform Package Due Aug 1 st - \$400
Charm (Youth level 1) Age 6-11	4 ½ hours/week, 4 local, 3 travel competitions June-April	Monthly Tuition- \$185 Choreography Fee Due July 1 st - \$300 Uniform Package Due Aug 1 st - \$400
Moxie (Youth level 2) Age. 6-11	4 ½ hours/week, 4 local, 3 travel competitions June-April	Monthly Tuition- \$185 Choreography Fee Due July 1 st - \$300 Uniform Package Due Aug 1 st - \$400
Crush (Junior level 3) Age 8-14	4 ½ hours/week, 4 local, 3 travel competitions June-April	Monthly Tuition- \$185 Choreography Fee Due July 1 st - \$300 Uniform Package Due Aug 1 st - \$400
Divine (Senior level 1) Age 11-18	4 ½ hours/week, 4 local, 3 travel competitions June-April	Monthly Tuition- \$185 Choreography Fee Due July 1 st - \$300 Uniform Package Due Aug 1 st - \$400
Bliss (Senior level 2) Age 11-18	4 ½ hours/week, 4 local, 3 travel competitions June-April	Monthly Tuition- \$185 Choreography Fee Due July 1 st - \$300 Uniform Package Due Aug 1 st - \$400
ALL STAR PREP TEAM(S) (Name/Division TBD)	3 hours/week, 3 local competitions September-February (August Registration)	Monthly Tuition- \$110 Choreography Fee Due September 1 st - \$100 Uni Package & Reg Fee Due @ Reg. - \$200

Monthly Tuition is due the **first practice of the month**. Cash or check is preferred, credit card is accepted.

For Check payment, please write athlete's name and the month you are paying for in memo line.

Returned checks will result in a \$25.00 fee for the 1st and 2nd offense. If this happens after the 2nd offense we will no longer accept checks from the family.

A late fee will be added as follows for any payment that is turned in late without prior notice:

- 7 days late: \$5 late fee
- 8-14 days late: \$10 late fee
- 15-21 days late: \$15 late fee
- 22 days – 1 month late: \$20 late fee
- After 1 month of missed payment the athlete's position on the team will be reconsidered

There is a 10% discount to those paying entire season in full(including ret. Athlete reg fee):

FULL SEASON TINY EXHIBITION TOTAL: **\$922.50**

FULL SEASON ALL STAR TOTAL: **\$2,574.00 with new uniform package. \$2,214.00 without new uniform package.**

FULL SEASON ALL STAR PREP TOTAL: **\$954.00**

If you decide Beyond All Stars is not for you, you may terminate your contract. However, you will not be reconsidered for a spot in the program again in the future. You will be responsible for a Termination Fee of \$500. All payments are final. Tuition, uniform, practice wear, and other expenses or fees are non-refundable. This includes any tuition, fee or expense(Uniform and Practice Wear INCLUDED) that has been paid for in advance.

Parent Initials _____ Cheerleader Initials _____ Date: _____

Competition Schedule for 2017-2018 Season:

Date	Competition & Location	Teams Attending
11/4/2017	JamFest Wacky Jam Century Link Center, Omaha	All Star, Tiny Exhibition
11/19/2017	UCA Mid America Extreme Challenge Mid America Center, Council Bluffs	All Star, Tiny Exhibition, Prep
12/2 & 12/3/2017	America's Best National Championship Kansas City Convention Center, KC MO	All Star
1/13/2018	Cornhusker Championship Century Link Center, Omaha	All Star, Tiny Exhibition, Prep
2/10 & 2/11/2018	The American Heartland Nationals Mid America Center, Council Bluffs	All Star, Tiny Exhibition, Prep
2/23, 2/24, & 2/25/2018	NCA All Star National Championship Kay Bailey Hutchison Conv. Center, Dallas, TX	All Star
3/24 & 3/25/2018	KC Division II Championship for NSPA Kansas City Convention Center, KC MO	All Star, Tiny Exhibition

****IF a team is awarded a bid to US FINALS or The D2 Summit in Orlando, we WILL accept and attend.**

D2 Summit Competition Fee: Approx \$125

Hotel Cost: Approx \$700

Please factor in Airfare, Car rental, etc.

Parent Initials _____ Cheerleader Initials _____ Date: _____

Behavior

- Show respect for coaches, teammates, other BA athletes, parents, judges, officials, and spectators. **Disrespectful behavior will result in dismissal.**
- Athletes are to abstain from using drugs, tobacco, alcohol and offensive language. This behavior will result in dismissal from the program.
- Parents are to encourage respect and good sportsmanship by demonstrating POSITIVE support for all athletes, coaches, fans, and judges during all practices and competitions.
- Encourage your child to play by the rules and respect the other team mates, athletes, coaches, officials, and other parents.
- Anyone threatening to quit or pull their child from the team will be dismissed from the program immediately.
- Parents must treat all staff with respect, including the team mom/dads.
- No parent may reprimand or discipline someone else's child. BA staff will handle any gym-related disciplinary action.
- Please do not discipline your child by keeping them home from practice or competitions. Doing so punishes the entire team/program.
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Practice

- During practice all team and routine decisions are left to the discretion of the coaches.
- Practices may be changed, added, or removed at any time during the season with proper notice.
- BA schedule is the athletes **FIRST** priority. BA will not work around an athletes high school sports schedule (soccer, high school cheer, etc.) Absences for these events will be unexcused. (Exceptions will be handled on an individual basis)
- Respect the privilege of the use of our facility
- No food, gum, candy or soft drinks in the gym area.
- No outside street shoes are to be worn in the gym area.
- Assigned practice wear will be worn to all team practices. Do not practice or tumble in loose fitting t-shirts or sweatpants.

This is a safety hazard to instructors and yourself.

- Hair should be completely out of the athletes face and secured at the beginning of practice, for the ENTIRE practice, preferably in a HIGH pony tail with bow.
- It is crucial to the success of the team that athletes are on time. Tardiness will result in team conditioning.
- Team practices are open for viewing the FIRST WEEK of every month. All other practices are CLOSED to parents, friends, siblings, etc.
- The gym viewing areas are a privilege. Please respect the athletes and staff and refrain from negative remarks in the viewing area.
- DO NOT attempt to communicate with your child from the viewing area. Coaches need the athletes' FULL attention! If parents become a distraction they will be asked to leave the gym for the remainder of practice.
- Only BA athletes and coaches are allowed in the gym during team practice and tumbling classes. **Absolutely no friends, parents, or siblings in the gym area during practice and classes.**
- In the case of inclement weather, BA will typically follow the Papillion-La Vista school district for closing. This will depend on the weather at the end of the school day. Please watch for emails or announcements via the facebook page or Remind regarding practice.
- Athletes are required to bring a full water bottle labeled with their name to practice/class.
- Under no circumstances is it appropriate to be behind the front desk. Do not, and do not allow your children to sit at or stand behind the front desk for any reason without direction or permission from a coach.
- Parents, relatives, friends, etc., are not allowed to approach a coach with disrespectful comments at a competition or at/before/after practice. This will result in dismissal from the program. If there is an issue, please send an email to schedule a private meeting with them.
- Athletes will be allowed to sit ONE practice without a Dr.'s note. Sitting out of additional practices will require a Dr.'s note.

Competition

- It is likely to lose or add team members throughout the season. The dismissal or addition of a team member is solely the coach/ gym owner's decision.
- You are required to attend ALL competitions. Missing a competition may result in dismissal.
- Travel events are for athletes, staff & family only. NO boyfriends are to accompany athletes to overnight events.
- It is likely we will reserve a hotel block for travel competitions. It is REQUIRED that athletes stay at the designated hotel(Exceptions will be handled on an individual basis). Local and travel competitions are for cheer first, family vacation SECOND. Beach time or swimming before performing is up to the coaches' discretion.
- BA staff will have sole communication with the competition companies. Parents are not permitted to contact vendors directly.
- It is strongly encouraged for all BA teams to watch each other perform. Sometimes this means showing up to the venue early or staying later to support the teams.
- It is ultimately the parents' responsibility to know what is going on with your child's team! Please check emails, TEAM APP, and Facebook group regularly and communicate with your team parent.

Social Media

- No athlete or parent may post inappropriate/negative messages or images on social media about Beyond All Stars, All Star cheerleading, or another program.
- No BA videos containing routine/choreography footage are to be posted on the internet without permission.

Beyond All Stars Apparel

All BA logos and brands are protected. All spirit wear items must be purchased through Beyond All Stars or the GTM TeamStore. If a sponsor or Team Parent wants to buy an item for an entire team, that order must be approved by Katie Miller. Katie has authority over artwork designs, including sponsored items. Anyone attempting to SELL or give away items with BA LOGOS or LIKENESSES will be in violation of this policy. Money cannot be asked of parents or Team Parents to buy spirit items, goody bag items, competition gifts, or any other non-mandatory items.

Parents Initials _____

Cheerleader Initials _____

Date: _____

Team Parents: If you are interested in being a team parent please let the coaches know after evaluations . Team Parents will be in charge of the following:

- Foster communication between parents and coaches
- Organize 2 summer team bonding activities, and 1 fall bonding activity. NO additional bonding activities once competition season has started. Limit \$15 per athlete if there is a cost.
- Help with athlete control during competitions; make sure athletes are aware of time, meeting places, etc.
- Assist in organizing end of the year Team Awards Ceremony/Banquet
- Gifts from Team Parents are NOT necessary and Team Parents will not be reimbursed if they choose to give team gifts

Communication:

- Email
- TEAM APP
- Facebook
- Postings in the gym
- Team mom/dad of your child's team
- Family files: Please make sure to check your families file every time you are at the gym.

Parents Initials _____ Cheerleader Initials _____ Date: _____

Attendance Policy

Absences will be reviewed on an individual basis. Anything beyond **3** unexcused absences may be grounds for dismissal from the program. Known absences must be reported to your coach as soon as possible. If you are running late to practice, you must inform your coach.

Excused absences include, but are not limited to:

- Death in a family
- School related function that reflects a grade
- A contagious illness with a doctor's note

Unexcused absences include, but are not limited to:

- Jobs
- Headache/allergies/cough/cramps
- Social events (dances, parties, family reunions, weddings, etc.)
- School projects, homework, or tests
- Traffic

I have had sufficient opportunity to read this entire document. I have read and understood it completely.

Cheerleader Signature _____ Date _____

Parent Signature _____ Date _____

Evaluation Form

Please bring with you to Evaluation

Athlete's Name _____ **Age as of 8/31/17** _____

Birthday _____ **T-SHIRT SIZE** _____

School _____ **PW TOP** _____ **PW SHORT** _____

Parent E-mail _____

Previous Experience

- Former All Star Cheerleader # of seasons _____
 - Gym and Level of Former Team _____
- Current/Former High School Cheerleader
 - School and Team _____
- Former Gymnast
 - Gym and Level _____

Please specify which team you are interested in (This is NOT necessarily the team you will be placed on):

____ Tiny Pre-Team Exhibition

____ Mini/Youth level 1

____ Youth level 2

____ Junior level 3

____ Senior level 1

____ Senior level 2

Please specify which stunting positions you have experience with and at what level:

____ Front spot

____ Secondary/Side base

____ Back spot

____ Flyer

____ Main/Primary base

COACH USE ONLY:

MINI 1

TINY EX. 1

YOUTH 1

SENIOR 1

YOUTH 2

SENIOR 2

JUNIOR 3

PREP